

Variable	Mean	SD	Min	Max
Age	34.2	10.5	18	65
Gender	Male			
Female				
Marital status	Married			
Single				
Divorced				
Widowed				
Education	High school			
College				
Postgraduate				
Occupation	Manager			
Engineer				
Teacher				
Other				
Income	Low			
Medium				
High				
Health status	Good			
Fair				
Poor				
Smoking status	Smoker			
Non-smoker				
Alcohol consumption	Regular			
Occasional				
Never				
Exercise frequency	Regular			
Occasional				
Never				
Stress level	Low			
Medium				
High				
Life satisfaction	High			
Medium				
Low				

Variable	Mean	SD	Min	Max
Age	34.2	10.5	18	65
Gender	Male			
Female				
Marital status	Married			
Single				
Divorced				
Widowed				
Education	High school			
College				
Postgraduate				
Occupation	Manager			
Engineer				
Teacher				
Other				
Income	Low			
Medium				
High				
Health status	Good			
Fair				
Poor				
Smoking status	Smoker			
Non-smoker				
Alcohol consumption	Regular			
Occasional				
Never				
Exercise frequency	Regular			
Occasional				
Never				
Stress level	Low			
Medium				
High				
Life satisfaction	High			
Medium				
Low				